

**COOKiE'S®**  
THE KIDS DEPARTMENT STORE

metro®



**LOWEST PRICES • FULL SERVICE SHOE DEPT.  
HUSKY & PLUS SIZES • OPEN 7 DAYS**

**COOKiE'S®**  
THE KIDS DEPARTMENT STORE

**BROOKLYN**

510 FULTON ST.  
718-797-3300

982 FLATBUSH AVE.  
718-287-2300

265 LIVINGSTON ST.  
718-797-3300

**QUEENS**

116-21 JAMAICA AVE.  
718-291-7700

91-11 MERRICK BLVD.  
718-291-7700

**SHOP ONLINE [COOKIESKIDS.COM](http://COOKIESKIDS.COM)**

**BRONX**

1534 WESTCHESTER AVE.  
718-991-9500

567 MELROSE AVE.  
718-585-0800

# COOKiE's®

THE KIDS DEPARTMENT STORE



LAST CHANCE TO  
**SAVE!**

**10% OFF** MET917  
**ALL SCHOOL UNIFORMS**

VALID: 09/09/18 - 09/17/18

IN-STORE ONLY, WITH THIS COUPON. NOT COMBINABLE WITH OTHER OFFERS. NOT VALID ON SHOES, BACKPACKS AND CUSTOM ORDERS.

**LOWEST PRICES • FULL SERVICE SHOE DEPT.  
HUSKY & PLUS SIZES • OPEN 7 DAYS**

**COOKiE's®**  
THE KIDS DEPARTMENT STORE

#### BROOKLYN

510 FULTON ST.  
718-797-3300

982 FLATBUSH AVE.  
718-287-2300

265 LIVINGSTON ST.  
718-797-3300

#### QUEENS

116-21 JAMAICA AVE.  
718-291-7700

91-11 MERRICK BLVD.  
718-291-7700

**SHOP ONLINE [COOKIESKIDS.COM](http://COOKIESKIDS.COM)**

#### BRONX

1534 WESTCHESTER AVE.  
718-991-9500

567 MELROSE AVE.  
718-585-0800



# metro

NEW YORK CITY NO. 1 FREE DAILY IN THE US  
Wednesday, September 5, 2018 metro.us | t: MetroNewYork | f: MetroNewYork

## KEVIN POWELL GETS 'REAL'

The author talks race and "Real World." 4

Kaitlin Olson gets us ready for the new season of 'It's Always Sunny in...' 16

Defending US Open champ Stephens knocked out of quarterfinals. 19

**APPLY TODAY!**

To learn more, visit [mcny.edu](http://mcny.edu).

See below for more details.

**MCNY**

ACCELERATE YOUR FUTURE.

# SUPREME SLUGFEST

Far-left protests and vocal Democratic complaints were the highlights of a chaotic Day 1 of Brett Kavanaugh's confirmation hearing. 6-7



ALL PHOTOS GETTY IMAGES

APPLY, ACCEPT, ENROLL TODAY!  
**IMMEDIATE DECISION DAYS**  
METROPOLITAN COLLEGE OF NEW YORK

Start classes this Fall!

**Now-September 12**



**MCNY**

ACCELERATE YOUR FUTURE.

[mcny.edu](http://mcny.edu) | 212.343.1234

THINGS  
TO  
KNOW

NIKKI M. MASCAU, REPORTER

I grew up in a predominantly white area of Pennsylvania, and if I'm being completely honest, I didn't see signs of our country's racial divide until I started watching the first season of MTV's "Real World" as a teen in 1992. Cast member Kevin Powell brought his experience as a black man in America to TVs across the nation, and he hasn't stopped in the 26 years since. Turn to Page 4, where Kevin talks with me about his new book, the current state of race in America, reality TV and more, or visit [metro.us](http://metro.us).

WELCOME TO  
METRO.USKYL TO REPLACE MCCAIN,  
BOOSTING CONSERVATIVES

Former U.S. Republican Sen. Jon Kyl is Arizona Gov. Doug Ducey's pick to fill the U.S. Senate seat from Arizona vacated by John McCain, who died last month, the governor said on Tuesday. The appointment brings a more conservative bent to the Senate given Kyl's voting record and how it veers from that of McCain, a maverick who sometimes collaborated with Democrats on major legislation. Once he is formally installed in the Senate, Kyl's first major vote is likely to be on the confirmation of Brett Kavanaugh to the U.S. Supreme Court. Kyl, now a lob-

byist at the law firm Covington & Burling, already has been working behind the scenes to boost Kavanaugh's prospects. He would provide more of a cushion to a Republican victory in the deeply divided Senate given that McCain had been too sick all year to cast votes in Washington. "Kyl tended to be more conservative than McCain throughout his tenure in the Senate," Mark Jones, a political science professor at Rice University in Houston, said in a telephone interview. Kyl, 76, served with McCain in the Senate and rose to become Republican whip.

PRESSLEY UNSEATS 10-  
TERM INCUMBENT IN MA

Democratic 10-term U.S. Rep. Michael Capuano conceded defeat to Boston City Councilor Ayanna Pressley on Tuesday in the race for the party's nomination to represent the liberal city in the U.S. Congress. "Clearly the district wanted a lot of change," Capuano told supporters on Tuesday as he conceded to Pressley. "I'm sorry that this didn't work out." The outcome was the latest win for a progressive challenger against a veteran politician. With no Republicans on the ticket in Tuesday's nominating

primary, Pressley is all but certain to succeed Capuano in Washington in November's congressional elections. Polls and political analysts predict the state's nine House of Representatives seats will remain in Democratic hands, along with the seat held by U.S. Sen. Elizabeth Warren, a leading liberal voice often cited as a possible 2020 White House contender. Gov. Charlie Baker, a Republican who regularly shows up in polls as one of the most popular U.S. governors, is also expected to be re-elected.

AMAZON AT \$1 TRILLION PUSHES  
BEZOS' 2018 GAIN TO \$67 BILLION

3 A monitor displays Amazon.com's stock information at the Nasdaq MarketSite in New York on Tuesday. Amazon briefly became America's second trillion-dollar company on Tuesday after adding \$434 billion to its market cap this year.



GETTY IMAGES

GORDON STRENGTHENS,  
CHURNS TOWARD US GULF

4 Tropical Storm Gordon hurled rough surf, high winds and heavy rain at the U.S. Gulf Coast on Tuesday, strengthening as it spun toward the northern U.S. Gulf Coast, potentially to make landfall as a hurricane. Gordon was forecast to come ashore between 7 p.m. and 9 p.m. local time on Tuesday along the Mississippi Gulf Coast near the Louisiana state line as a Category 1 hurricane on the five-step Saffir-Simpson scale. Louisiana Gov. John Bel Edwards declared a state of emergency and companies cut 9 percent of U.S. Gulf of Mexico oil and

gas production. "I'm asking all residents to do their part in getting ready for this storm," New Orleans Mayor LaToya Cantrell said in a statement. "The city's absolute No. 1 priority is to ensure the safety of our residents." Winds of about 70 miles per hour were expected to reach hurricane force of at least 74 mph by the time the storm reaches the Gulf Coast, and some areas still recovering from last year's storms could see 12 inches of rain. Beaches around Mobile, Ala., were being washed by storm-driven waves on Tuesday morning, said meteorologist Stephen Miller.

WOODWARD BOOK: TRUMP  
WANTED ASSAD KILLED

5 President Donald Trump wanted to have Syrian President Bashar al-Assad assassinated last year but his defense secretary ignored the request, according to a new book that depicts top Trump aides sometimes disregarding presidential orders to limit what they saw as damaging and dangerous behavior. Excerpts from the book, "Fear: Trump in the White House," written by famed Watergate reporter Bob Woodward, were published by the Washington Post on Tuesday. The book, which is scheduled for release on Sept. 11, is the latest to

detail tensions within the White House under Trump's 20-month-old presidency. "It's just another bad book," Trump told the Daily Caller. The book portrays Trump as prone to profane outbursts and impulsive decision-making, painting a picture of chaos that Woodward says amounts to an "administrative coup d'état" and a "nervous breakdown" of the executive branch. According to the book, Trump told Defense Secretary Jim Mattis that he wanted to have Assad assassinated after the Syrian president launched a chemical attack on civilians in April 2017.

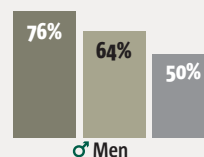
## STATS

SOURCE: OPEN &amp; NBC NEWS

## WHO PAYS FOR DATES?

Chivalry dictates that on a "date," the man pays, whereas egalitarian ideals suggest gender should not determine who pays. We examined the extent to which people embrace or reject these competing notions.

- Men said they feel guilty if they don't pay on a date. **76%**
- Believed women should contribute to the bill. **64%**
- Would stop dating a woman who never pays. **50%**



- Women said they were bothered when men wouldn't accept their offer to pay. **40%**
- Wished men would reject their offers. **39%**
- Bothered when men expected them to help pay. **44%**



# Painful Varicose Veins and Swollen Legs?

**New Foxhurst Location  
947 Southern Blvd. Bronx, NY Now Open**



**Varicose veins and spider veins are not just a cosmetic issue, they could be the sign of venous insufficiency.**

**If you or a loved one is suffering from:**

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> Varicose Veins      | <input checked="" type="checkbox"/> Swollen Legs        |
| <input checked="" type="checkbox"/> Spider Veins        | <input checked="" type="checkbox"/> Skin Discoloration  |
| <input checked="" type="checkbox"/> Itching and Burning | <input checked="" type="checkbox"/> Leg Ulcers          |
| <input checked="" type="checkbox"/> Leg Pain            | <input checked="" type="checkbox"/> Blood Clots         |
| <input checked="" type="checkbox"/> Leg Cramps          | <input checked="" type="checkbox"/> Difficulty Standing |



**If left untreated these could lead to more serious complications. Don't delay, treatment takes 15 minutes.**



**Covered by Medicare and Most Insurance Plans**

**Don't suffer another day! Call us now!**

**(917) 717-5135**



www.USAVeinClinics.com

#### Manhattan:

1153 1st Ave, Manhattan, NY 10065 **2 3 4 5 W**  
 122 Fulton Street Ste 500 New York, NY 10038 **4 5 6 7 8 9 10 11 12**  
 4159 Broadway, New York, NY 10033 **1 2 3 4 5 6**  
 1264 St. Nicholas, Washington Heights, NY 10026  
 168 St **4 5 6 7**

#### Brooklyn:

924 Flatbush Ave, Brooklyn, NY 11226 **1 2 3 4 5**  
 2511 Ocean Ave Ste 102 Brooklyn, NY 11229 **1 2 3 4 5**  
 2444 86th St, Ste A, Bensonhurst, NY 11214 **1**  
 2965 Ocean Pkwy Ste 200 Brighton Beach, NY 11235 **1 2 3**

#### Bronx:

5221 Broadway Ave, Bronx, NY 10463 **1**  
 384 E 149 St, Ste 201, Bronx, NY 10455 **2 3**  
 2157 White Plains Rd, Bronx, NY 10462 **2 3 4 5**  
 947 Southern Blvd. Bronx NY 10459 **1 2 3 4 5**

#### Queens:

116-02 Queens Blvd Forest Hills, NY 11375 **1 2 3 4 5 6 7**  
 30-33 Steinway St, Astoria, NY 11103 **1 2 3 4 5 6 7**  
 40-04 Forley St, Jackson Heights, NY 11373 **1 2 3 4 5 6 7**  
 59-20 Myrtle Ave Queens, NY 11385 **1 2 3 4 5 6 7**  
 1652-03 Jamaica, Ste 200, Queens, NY 11432 **1 2 3 4 5 6 7**

#### Staten Island:

1975 Hylan Blvd, Staten Island, NY 10306

#### Long Island:

260 Sunrise Hwy Ste 102  
 Valley Stream, NY 11581

#### Suburban NY/Rockland County:

156 Route 59, Ste B1, Suffern, NY 10901

#### New Jersey:

766 Shrewsbury Ave, Ste 300  
 Tinton Falls, NJ 07724  
 81 Route 37 West Toms River NJ 08755



## NEWS

# Kevin Powell gets real about race in America, Trump and the 'Real World'

"There's nothing wrong with being angry ... but we have to decide if we're going to be bridge builders or bridge destroyers," the activist says.



NIKKI M. MASCALI  
nikki.mascali@metro.us

When Kevin Powell appeared on MTV's "Real World: New York" in 1992, he brought an authentic discussion of race in America to TV screens across the nation — and the conversation hasn't stopped.

The activist, speaker and author of more than a dozen books, including the just-released "My Mother. Barack Obama. Donald Trump. And the Last Stand of the Angry



Kevin Powell will host a book launch Thursday at Ethical NYC. ALL PHOTOS PROVIDED

White Man," will host a book launch and talk with anti-racism educator Tim Wise Thursday at Ethical NYC.

"We see it as an opportunity to really have some difficult but necessary conversations about where we are, what we need to do, not just for the midterm elections, but for the long-term future of this country," Powell told Metro.

**How did the new book come about?**

Donald Trump. For me, it's about intersectionality. I really do want to live in a world where there's no racism, no sexism, no homophobia, no transphobia, no classes, no anti-Semitism, no Islamophobia, no ableism — we have to see each other as members of the human race and that's what really pushed me.

**Are there race issues not being talked about?**

I say to black people and white people in this country that we need to work out this dysfunctional relationship between us, and we cannot forget that there are other people out there who are not black and white. There

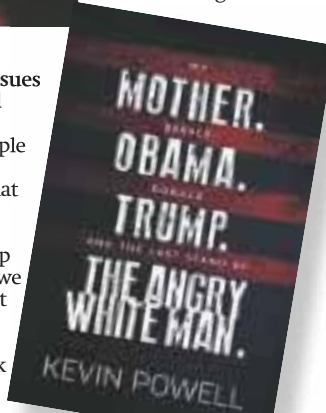
are people who are Asian, Latino, multicultural. It's not about tolerance, it's about loving and respecting yourself and learning how to love and respect other people. That's the conversation I would like to see us having. That's where we need to go.

**What are you most proud of from your role on "Real World?"**  
I never thought about

it while it was happening. We were just having organic conversations — it wasn't scripted, it was just us. A lot of people said they have never heard those conversations before and had never seen anything like that.

**"Real World" launched a new form of entertainment. Was what came after a good thing?**

It's voyeuristic and profound. The beautiful thing about this culture is it creates this democracy where people can have their voices heard via YouTube, social media, but the bad part of it is — and I'm speaking as someone very concerned about social justice — a lot of folks are not really reading, not studying or know about history or ourselves, so it becomes this surface-level thing. That's what concerns me, that's what scares me.



## PLAY IT COOL

cutterbuck.com



# Doctors Urge Knee Pain Sufferers

## “Don’t Get ANY Surgery Until You See This...”

*After Years Of Intense Study, NYC Medical Clinic Finally Reveals It’s Best “Treatment Formula” For Helping Knee Arthritis Sufferers... Especially When So Many Other Treatments Have Failed*

**NEW YORK CITY** - If you are even remotely interested in discovering how the latest scientific discoveries can possibly help your knee pain... then this is going to be the most exciting information you ever read.

**Here is why:** Knee pain can not only be brutal... it’s complex. In other words, it’s not a simple, easy fix.

But I’m sure you already know that. Or you wouldn’t be reading this.

**That’s the bad news.**

**Now for some good news...**

Over the years, *NYC Pain MD* has treated countless knee pain sufferers. And in that time have been able to constantly improve.

And we have come up with a treatment formula that we have found works best and helps the most patients.

This formula has reduced or even eliminated the pain in many. Some were scheduled for knee replacement surgery and felt good enough to cancel their surgery.

It’s amazing when patients who were once in excruciating pain... start feeling better. And start walking again. And playing golf. Or tennis. And finally getting their lives back.

Especially when they had gone to other doctors and tried so many other things.

So many had given up hope.

Sound familiar? If it does... check this out...

### **The Treatment Formula**

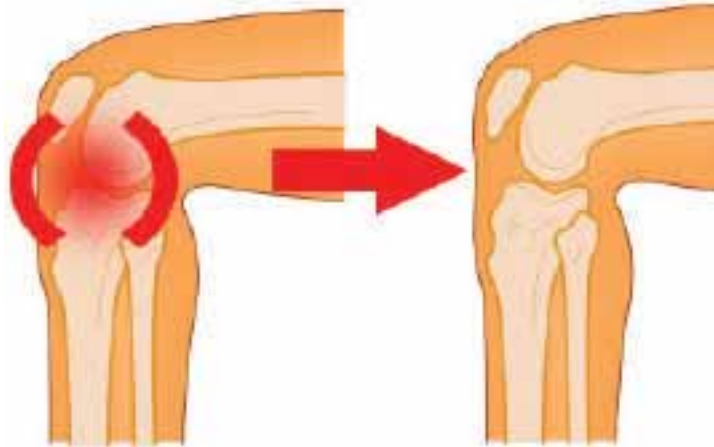
While I can’t give you the entire treatment formula here (there is not enough space and WAY too complicated ) I can give you the basics. And more important... I can tell you what it might be able to do for YOU.

The first and most important part of the formula is: **PATIENT SELECTION.**

This means, *NYC Pain MD* has a detailed screening process to tell who is most likely to be helped by their treatments... and who is not.

If you qualify, you have the opportunity to move forward and experience the worldclass treatments that *NYC Pain MD* offers.

If you do not, *NYC Pain MD* will tell you what they think your best options are and help



*NYC Pain MD* “**Treatment Formula**” A protocol of advanced medical treatments that has already helped thousands.

you find the right doctor for you.

If you qualify, *NYC Pain MD* offers some of the most advanced medical treatments available today all using the most advanced imaging technology including:

- Viscosupplementation (gel injections)
- Platelet Rich Plasma (PRP)
- Stem Cell Therapy (Lipogems)
- Genicular Knee Block
- And more.

Once again, there is not enough space to go into detail about all these procedures... but here are some things you **MUST KNOW...**

Viscosupplementation is where a doctor introduces a gel-like medicine directly into the joint space. This helps to lubricate the joints often relieving some, most or even all of your pain. Results can last for 6 months to several years.

Many have had these treatments *without* good results. However, *NYC Pain MD* feels this is because doctors often do these “gel injections” without advanced imaging to guide them. Research shows they will often miss the joint. If the joint is missed... it is impossible for the treatment to work.

*NYC Pain MD* has spared no expense and used advanced imaging to guide the injections assuring the medicine gets into the joint. We frequently get results when this treatment was a failure done elsewhere.

**The second thing you must know is...** our treatment plans are custom made for every patient. And we have all these treatments

offered in the same place. Many times you will get the best results from multiple treatments. At *NYC Pain MD* your doctors will all be there and will all know each other and you and your case. They work together and give you the best treatments and care without you having to go anywhere else.

The ability to select the right patients and then have the potential to give them any or all of these treatments... with all the necessary medical technology... under one roof... has allowed *NYC Pain MD* to get better results than they thought possible.

### **Here’s What You Should Do Next**

If you suffer with knee pain... and any of this made sense to you... *NYC Pain MD* would like to offer you a No-cost screening. That screening is the first step in our “Treatment Formula.”

You will get to see a doctor and ask any questions you have. Your doctor will take the first steps to see if you qualify for treatments and give you recommendations.

**The best thing is...** you will finally get direction. You will know what’s going on and what is your best course of action... step-by-step. The treatments will be explained in detail and you will breathe a big sigh of relief finally knowing what’s going on and what can or cannot be done.

There is so much we want to say to help you... but I’m out of space. Give us a call at **877-296-6310** and take the first step. That step is free without obligation.



[www.PainMDNY.com](http://www.PainMDNY.com)

**877-296-6310**



# Chaos grips Senate hearing on Trump Supreme Court pick Kavanaugh



ALL PHOTOS GETTY IMAGES

## BARODA SUNSHINE KNOWS NO BOUNDARIES...

110 YEARS OF CREATING  
A WORLD-CLASS  
BANKING EXPERIENCE,  
ACROSS THE WORLD.

**1 Year CD –  
2.50% APY\***



### BANK OF BARODA, NEW YORK

- Certificates of Deposits • Trade Finance • MMDA
- Corporate Finance • Rupee Remittance to India • Syndicated/Bilateral loans

For attractive FCNR Deposit Rates  
visit our website: [www.bankofbaroda.co.in](http://www.bankofbaroda.co.in)  
or Contact at **+91 79-49044100 or +91 79-23604000 (24 x 7).**

#### BANK'S GLOBAL PRESENCE:

Australia | Belgium | Botswana | China | Fiji Islands | Ghana | Guyana | Hong Kong | India | Kenya | Mauritius  
New Zealand | Seychelles | Singapore | Sultanate of Oman | Tanzania | Trinidad & Tobago | UAE | Uganda | UK | USA

**Attractive  
Interest Rate on CDs**  
**1 Year CD - 2.50% APY \***  
**2 Year CD - 2.80% APY \***  
**3 Year CD - 2.85% APY \***

W.e.f. July 20, 2018

**Contact Tel.:**  
**+1 646-597-7246**

\* Subject to change  
without prior notice.  
Visit Us: One Park Avenue,  
New York, NY 10016, USA

**MEMBER FDIC**

Tel.: +1 212-578-4550 | Fax.: +1 212-578-4565  
[www.bankofbaroda.co.in](http://www.bankofbaroda.co.in) | email: [newyor@bankofbaroda.com](mailto:newyor@bankofbaroda.com)



Day 1 of the hearings were highlighted by protests and dissension.

Chaos engulfed the U.S. Senate confirmation hearing for Brett Kavanaugh, President Donald Trump's Supreme Court pick, as Democrats on Tuesday complained bitterly about Republicans withholding documents about the nominee's past White House service and shouting protesters were arrested in droves.

More than seven hours went by during the Senate Judiciary Committee hearing before Kavanaugh, the conservative federal appeals court judge Trump selected for a lifetime job on the top U.S. judicial body, got to deliver his opening statement.

Kavanaugh, nominated by a president who has often criticized the federal judiciary, told the senators that "a judge must be independent, not swayed by public pressure. Our independent judiciary is the crown jewel of our constitutional republic."

With Democratic senators repeatedly interrupting the committee's Republican chairman Chuck Grassley at the outset of the hearing, the session quickly became a ruckus. U.S. Capitol police said 61 protesters were removed from the room and charged with disorderly conduct, along with nine more outside the hearing.

Democrats decried the withholding of the documents and sought to have the proceedings adjourned, as Grassley struggled to maintain order.

"This is the first confirmation for a Supreme Court justice I've seen, basically, according to mob rule," Republican Sen. John Cornyn said, a characterization Democrats

**"A good judge must be an umpire – a neutral and impartial arbiter who favors no litigant or policy."**

Brett Kavanaugh

rejected.

"What we've heard is the noise of democracy," Democratic Sen. Dick Durbin said.

Protesters, mostly women, took turns yelling as senators spoke, shouting, "This is a travesty of justice," "Our democracy is broken" and "Vote no on Kavanaugh." Demonstrators voiced concern about what they saw as the threat posed by Kavanaugh to abortion rights, health care access and gun control.

Kavanaugh sat, fingers intertwined, quietly staring ahead at committee members as protesters in the audience screamed while being dragged out of the room. He occasionally jotted notes on paper.

When he finally got to speak, Kavanaugh called the Supreme Court "the last line of defense for the separation of powers (in the U.S. government), and the rights and liberties guaranteed by the Constitution."

As the hearing paused for a lunch break, Fred Guttenberg, whose daughter who was killed in the Parkland, Fla. high school mass shooting in February, tried to talk to Kavanaugh but the nominee turned away. Video of the encounter was shared widely on social media.

REUTERS



## ANALYSIS

TOM  
FOREMAN

A freight train is roaring through the U.S. Capitol, and Democrats are screaming at the conductor, flinging themselves onto the tracks, and desperately trying to stop it. It's happening in the confirmation hearing for Donald Trump's Supreme Court nominee, Brett Kavanaugh.

From the moment he settled in to face members of the Senate, the Dems have raged that they have not had enough access to his records, not enough time to scrutinize 42,000

documents released just hours earlier, and frankly, not enough freedom to pound away at the man. Protesters are making noise too, repeatedly shouting down GOP defenders of the process and the nominee.

They have good reason to be upset. Donald Trump has been fast-tracking conservative judges into lower courts at a breakneck pace. He's already seated one Supreme Court Justice, Neil Gorsuch, and if Kavanaugh is confirmed, he could tip the highest court toward

the conservative side for a generation. That could bode ill for many causes Democrats hold dear: tax and wage reforms, union influence, minority and abortion rights, and much more. Simply put, they fear Kavanaugh would join the court not as a fair-minded jurist, but primarily as a Trump apologist and conservative ideologue capable of derailing any hopes they have for holding Trump accountable for any possible offense.

"These are unprece-

dent times," Democratic Sen. Kamala Harris said to Kavanaugh. "I'm concerned your loyalty would be to the president who appointed you and not the Constitution of the United States."

In a measure of the bitterness, Republican Sen. Lindsey Graham shot back that Democratic presidents have selected partisan nominees, too. "This is shaping up to be the hypocrisy hearing," he said, "and that's hard to do in the Senate."

And as much as the

Dems may be right to fight against Kavanaugh with everything they can, Graham is right about that. Sure, Kavanaugh says he's all about the law. And maybe there was a time when Supreme Court nominees were chosen mainly for their legal knowledge, their commitment to justice over partisanship, and with little regard for their political views. But with due respect to Kavanaugh and all the other nominees in recent years, that train has left the station.

## What are Brett Kavanaugh's political views?

It's far from certain anything new will be learned about Kavanaugh, whom progressive groups fear will pose a threat to abortion rights, same-sex marriage and more. Supreme Court nominees have become expert at giving non-answers during their confirmation hearings. Here's what we know about Kavanaugh's views now.

### On *Roe v. Wade*

Reproductive-rights groups are seriously concerned that the appointment of Kavanaugh, a Catholic, would lead to a reversal of *Roe v. Wade*. As a judge on the Washington, D.C., Circuit Court, Kavanaugh issued one ruling concerning abortion: In the case of a 17-year-old undocumented immigrant who was seeking the procedure, he dissented from the majority and declared that she shouldn't be allowed to obtain one.

### On the Affordable Care Act

Kavanaugh has never explicitly approved or condemned the Affordable Care Act, aka Obamacare. When a lawsuit challenging the health care law came to the D.C. Circuit Court in 2011, Kavanaugh dissented from the 2-1 ruling in Obamacare's favor — saying the court had no jurisdiction to hear the case — and wrote an opinion that contained both supportive and dismissive views. He described the law requiring people to have health insurance as "unprecedented," writing "there seems no good reason that [the administration's] theory would not



ultimately extend as well to mandatory purchases of retirement accounts, housing accounts, college savings accounts, disaster insurance, disability insurance, and life insurance, for example." But he said the courts "should be wary of upending" lawmakers' attempts to help Americans obtain quality health care. Kavanaugh also echoed the Supreme Court's ruling that the Affordable Care Act's individual mandate was a tax. That rankled some conservatives, who argue that view isn't conservative enough.

### Brett Kavanaugh on same-sex marriage

How Kavanaugh might rule on same-sex marriage is unclear — the Daily Beast called his record "a fairly blank slate" — but he has repeatedly been backed by the Family Research Council, an anti-LGBTQ group. LGBTQ groups see an ominous sign in his record: In a case anticipating the Supreme Court's *Hobby Lobby* case, Kavanaugh mused that requiring an employer to provide contraceptive coverage could violate their religious freedoms.

# CARING HAS A PLAN.

She has a name.  
Her health plan actually  
knows it.



## SEE WHAT'S POSSIBLE WHEN HEALTH CARE GETS PERSONAL.

We take the time to understand the needs and concerns of our Medicare and Medicaid health plan members to help them make the right decisions.

villagecaremax.org

1.800.469.6292 (TTY 711)

8 am to 8 pm, 7 days a week



# VILLAGECAREMAX

VillageCareMAX Medicare Health Advantage Plan (HMO-POS SNP) is an HMO with a Medicare contract. Enrollment in VillageCareMAX depends on contract renewal. This plan is available to anyone who has both Medical Assistance from the State and Medicare. VillageCareMAX is available in the Bronx, Brooklyn, Manhattan and Queens. VillageCareMAX complies with Federal civil rights laws and does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. ATTENTION: Language assistance services, free of charge, are available to you. Call 1-800-469-6292 (TTY: 711). ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-469-6292 (TTY: 711). 注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電1-800-469-6292 (TTY: 711).

# YOUR LEGS DON'T HAVE TO SUFFER!



- ❑ VARICOSE VEINS
- ❑ SPIDER VEINS
- ❑ LEG ULCERS
- ❑ LEG SWELLING
- ❑ BURNING
- ❑ ITCHING
- ❑ RESTLESSNESS

**Personal & discrete care**  
delivered directly  
by Ronald Lev, MD

**Certified** by the American  
Board of Venous and Lymphatic  
Medicine

**We Accept** Most Health  
Insurances including Medicare

**Minimally** invasive procedures

**Trust the doctor  
that cares about you!**

**CALL TODAY!**  
**212.204.6501**



📍 111 John St, Ste 1450  
New York, NY 10038

📍 369 Lexington Ave, Ste 18A  
New York, NY 10016

**TreatmentsOfManhattan.com**  
DRLEV@TREATMENTSOFMANHATTAN.COM



ISTOCK

## Angry Twitter users burn their Nike gear

Some people are not so happy with a new ad featuring Colin Kaepernick.



**LENYON WHITAKER**  
lenyon.whitaker@metro.us

Colin Kaepernick is the face of the latest Nike advertising campaign — and some conservatives are calling for a Nike boycott in response, while others are posting photos and videos of themselves setting their Nike sneakers and apparel on fire.

On Labor Day, Nike debuted a new advertisement featuring Colin Kaepernick to promote the 30th anniversary of the company's "Just Do It" campaign that is synonymous with the brand. The ad features a black-and-white photo of the former NFL quarterback with text that reads: "Believe in something. Even if it means sacrificing everything."

Some people are upset and angry with Nike's decision to make Kaepernick the face of its latest advertising campaign and have gone as far as setting their Nike gear on fire in protest.

"Due to your support of C.K. in your coming adds [sic], I as an American can no longer support your company," one Twitter user wrote in a video post where he burns pairs of Nike sneakers with the national anthem playing in the background.

In 2016, Kaepernick sparked a movement among professional

**"We wanted to energize its meaning and introduce 'Just Do It' to a new generation of athletes."**

Gino Fisanotti, Nike's vice president of brand for North America

athletes and celebrities when he took a knee during the national anthem to protest police brutality.

Players in the NFL and other professional sports leagues began taking a knee during the pregame national anthem in support of Kaepernick's

movement. Since then, President Trump has criticized athletes for taking a knee during the anthem and has called for NFL owners to fine players who protest on the field during the anthem.

Kaepernick, who is currently not signed to a team, has been with Nike since 2011 — and the company has been "waiting for the right moment," according to ESPN senior writer Darren Rovell.

"We believe Colin is one of the most inspirational athletes of this generation, who has leveraged the power of sport to help move the world forward," Gino Fisanotti, Nike's vice president of brand for North America, told ESPN.

"We wanted to energize its meaning and introduce 'Just Do It' to a new generation of athletes," he added.

According to Yahoo NFL reporter Charles Robinson, Kaepernick will reportedly make "millions per year" from the Nike deal. In a tweet, Robinson says Kaepernick will have his own branded line of sneakers and apparel and more, adding that the former NFL quarterback's deal is considered a "star" deal, which includes royalties on sales.





# Affordable Housing for Rent

## MLK PLAZA APARTMENTS

### 133 NEWLY CONSTRUCTED UNITS AT 869 EAST 147th STREET, MOTT HAVEN, BRONX

**Amenities:** on-site resident super, laundry room (card operated), fitness room, computer room, community room, outdoor recreation space, library, bicycle storage, outdoor terrace, in unit dishwasher

**Transit:** 6 Train - Bx17, Bx19 Buses

**No application fee • No broker's fee • Smoke-free building**

This building is being constructed through the Extremely Low and Low-Income Affordability (ELLA) program of both the New York City Housing Development Corporation (HDC) and the New York City Department of Housing and Preservation and Development (HPD) and the Mandatory Inclusionary Housing (MIH) program of HPD.

## Who Should Apply?

Individuals or households who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet additional selection criteria. Applicants who live in New York City receive a general preference for apartments.

- A percentage of units is set aside for applicants with disabilities:
  - Mobility (5%)
  - Vision/Hearing (2%)
- Preference for a percentage of units goes to:
  - Residents of **Bronx Community Board 1** (50%)
  - Municipal employees (5%)

## AVAILABLE UNITS AND INCOME REQUIREMENTS

Unit Size	Monthly Rent <sup>1</sup>	Units Available	Household Size <sup>2</sup>	Annual Household Income <sup>3</sup> Minimum - Maximum <sup>4</sup>	Unit Size	Monthly Rent <sup>1</sup>	Units Available	Household Size <sup>2</sup>	Annual Household Income <sup>3</sup> Minimum - Maximum <sup>4</sup>
Studio	\$464	1	→	1 person \$17,795 - \$29,240	Studio	\$600	1	→	1 person \$22,458 - \$36,550
1 bedroom	\$589	3	→	1 person \$22,149 - \$29,240 2 people \$22,149 - \$33,400	1 bedroom	\$759	3	→	1 person \$27,978 - \$36,550 2 people \$27,978 - \$41,750
2 bedroom	\$713	3	→	2 people \$26,435 - \$33,400 3 people \$26,435 - \$37,560 4 people \$26,435 - \$41,720	2 bedroom	\$917	3	→	2 people \$33,429 - \$41,750 3 people \$33,429 - \$46,950 4 people \$33,429 - \$52,150
3 bedroom	\$817	1	→	3 people \$30,549 - \$37,560 4 people \$30,549 - \$41,720 5 people \$30,549 - \$45,080 6 people \$30,549 - \$48,400	3 bedroom	\$1,053	1	→	3 people \$38,640 - \$46,950 4 people \$38,640 - \$52,150 5 people \$38,640 - \$56,350 6 people \$38,640 - \$60,500
Unit Size	Monthly Rent <sup>1</sup>	Units Available	Household Size <sup>2</sup>	Annual Household Income <sup>3</sup> Minimum - Maximum <sup>4</sup>	Unit Size	Monthly Rent <sup>1</sup>	Units Available	Household Size <sup>2</sup>	Annual Household Income <sup>3</sup> Minimum - Maximum <sup>4</sup>
Studio	\$736	16	→	1 person \$27,120 - \$43,860	Studio	\$1,185	2	→	1 person \$42,515 - \$80,410
1 bedroom	\$929	34	→	1 person \$33,806 - \$43,860 2 people \$33,806 - \$50,100	1 bedroom	\$1,490	6	→	1 person \$53,040 - \$80,410 2 people \$53,040 - \$91,850
2 bedroom	\$1,121	35	→	2 people \$40,423 - \$50,100 3 people \$40,423 - \$56,340 4 people \$40,423 - \$62,580	2 bedroom	\$1,795	7	→	2 people \$63,532 - \$91,850 3 people \$63,532 - \$103,290 4 people \$63,532 - \$114,730
3 bedroom	\$1,289	15	→	3 people \$46,732 - \$56,340 4 people \$46,732 - \$62,580 5 people \$46,732 - \$67,620 6 people \$46,732 - \$72,600	3 bedroom	\$2,066	2	→	3 people \$73,372 - \$103,290 4 people \$73,372 - \$114,730 5 people \$73,372 - \$123,970 6 people \$73,372 - \$133,100

<sup>1</sup> Tenant pays electricity. <sup>2</sup> Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

<sup>3</sup> Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

<sup>4</sup> Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

## How Do You Apply?

Apply online or through mail. To apply online, please go to [nyc.gov/housingconnect](http://nyc.gov/housingconnect). To request an application **by mail, send a self-addressed envelope to: MLK Plaza Apartments c/o Wavecrest Consulting LLC, 87-14 116th Street, Richmond Hill, NY 11418**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

## When is the Deadline?

Applications must be postmarked or submitted online no later than **October 31st, 2018**. Late applications will not be considered.

## What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

<b>Español</b>	Presente una solicitud en línea en <a href="http://nyc.gov/housingconnect">nyc.gov/housingconnect</a> . Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: <b>MLK Plaza Apartments c/o Wavecrest Consulting LLC, 87-14 116th Street, Richmond Hill, NY 11418</b> . En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de <b>31 de octubre 2018</b> .
<b>简体中文</b>	访问 <a href="http://nyc.gov/housingconnect">nyc.gov/housingconnect</a> 在线申请。如要获取本广告及书面申请表的简体中文版，请将您的回邮信封寄送至： <b>MLK Plaza Apartments c/o Wavecrest Consulting LLC, 87-14 116th Street, Richmond Hill, NY 11418</b> 。信封背面请用英语注明“CHINESE”。必须在以下日期之前在线提交申请或邮寄书面申请 <b>2018年10月31日</b> 。
<b>Русский</b>	Чтобы подать заявление через интернет, зайдите на сайт: <a href="http://nyc.gov/housingconnect">nyc.gov/housingconnect</a> . Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу <b>MLK Plaza Apartments c/o Wavecrest Consulting LLC, 87-14 116th Street, Richmond Hill, NY 11418</b> . На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее <b>31 октября, 2018</b> .
<b>한국어</b>	<a href="http://nyc.gov/housingconnect">nyc.gov/housingconnect</a> 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를 <b>MLK Plaza Apartments c/o Wavecrest Consulting LLC, 87-14 116th Street, Richmond Hill, NY 11418</b> 으로 보내주세요. 봉투 뒷면에 "KOREAN"이라고 영어로 적어주세요 2018년 10월 31일까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.
<b>Kreyòl Ayisyen</b>	Aplike sou entènèt sou sitwèb <a href="http://nyc.gov/housingconnect">nyc.gov/housingconnect</a> . Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlòp ki gen adrès pou retounen li nan: <b>MLK Plaza Apartments c/o Wavecrest Consulting LLC, 87-14 116th Street, Richmond Hill, NY 11418</b> . Nan dèyè anvlòp la, ekri mo "HAITIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat <b>Oktòb 31, 2018</b> .
<b>العربية</b>	تقدم بطلب عن طريق الإنترنت على الموقع الإلكتروني <a href="http://nyc.gov/housingconnect">nyc.gov/housingconnect</a> للحصول على ترجمة باللغة العربية لهذا الإعلان ولنموذج الطلب الورقي. أرسل مظاروف يحمل اسمك وعنوانك إلى: <b>MLK Plaza Apartments c/o Wavecrest Consulting LLC, 87-14 116th Street, Richmond Hill, NY 11418</b> . على الجهة الخلفية للمظاروف، اكتب باللغة الإنجليزية كلمة "ARABIC". يجب إرسال نماذج الطلبات عن طريق الإنترنت أو ختمها بختم البريد قبل <b>31 ربيع الأول 2018</b> .

Mayor Bill de Blasio • HPD Commissioner Maria Torres-Springer  
HDC President Eric Enderlin



# Where healthy careers begin.

## Associate Degree & Certificate Programs.

### OTHER PROGRAMS INCLUDE:

Advanced Personal Training • Massage Therapy •  
Surgical Technologist • Medical Billing • Nursing  
Clinical & Administrative Medical Assistant •  
Clinical Medical Assistant & Personal Training

Attend our next Open House  
Saturday, Sept. 8<sup>th</sup> | 9am-1pm  
Call to learn more 646.738.3860



Visit our Admissions Office at  
151 West 26th Street  
New York, NY 10001  
[swedishinstitute.edu](http://swedishinstitute.edu)

Swedish Institute's programs are registered with and regulated by the New York State Education Department.  
Accredited by ACCSC. For important information on program costs, completion and placement rates,  
median debt incurred, etc., please visit <http://www.swedishinstitute.edu/disclosures>.

# NY Fashion Week is for everyone

Today is the start of New York Fashion Week, and there are plenty of ways to feel like you're part of the show.



EVA KIS  
[eva.kis@metro.us](mailto:eva.kis@metro.us)

### How to be a conscious consumer

How can we have fashion while ensuring the rights of the women who make it and the health of our planet? Find out how to be a conscious consumer of style during Wear Your Values, which begins with a night of hands-on activities on Sept. 5 at the Brooklyn Accelerator then continues on Sept. 7 at Athleta with a daylong symposium of panels, workshops and a pop-up

store featuring designers dedicated to sustainability. Sept. 5, 6-8 p.m. at Brooklyn Fashion + Design Accelerator, 630 Flushing Ave.; Sept. 7, 10 a.m.-7:30 p.m. at Athleta, 126 5th Ave.

### Step inside the mind of a designer

On Canal, the recently-opened collection of storefronts-turned-art galleries on Canal Street between Broadway and West Broadway, turns over all 20 spaces to designers to create their own showrooms. In addition to shop-able styles from the likes of KidSuper, Miaou and Joe Garvey, you'll find a 3-D photo booth, VR experiences and more. Sept. 6-Oct. 1, 12-7 p.m., Thursdays until 9 p.m.

**Fashion goes high-tech**  
Technology is changing everything including the

fashion world, from how it's made to marketing. Learn all about the good and the bad that advances like virtual reality, the blockchain, manufacturing on demand and more are having on the business at Fashion Meets Technology, plus four next-gen fashion shows and an expo by industry-leading innovators. Thursday, Sept. 6, 5-9:30 p.m., Fashionhub, 23 W. 24th St., \$49-\$79, [eventbrite.com](http://eventbrite.com).

**Go behind the scenes**  
Women's Wear Daily is setting up shop at the Samsung 837 showroom for two days of fashion-themed events. On Sept. 6, a day of panels brings a retrospective of Badgley Mischka, personal branding with Alice + Olivia, how to make it in fashion from WWD executive editor Arthur Zaczekiewicz and a MAC Cosmetics



CENTER FOR CONTINUING EDUCATION  
AND WORKFORCE DEVELOPMENT

Tuesday, Sept. 18, 10AM-3PM  
Thursday, Sept. 20, 6PM-8PM

# FALL Open House

25 Broadway, 8<sup>th</sup> Fl., New York, NY 10004

**RSVP** [www.bmcc.cuny.edu/ce](http://www.bmcc.cuny.edu/ce)

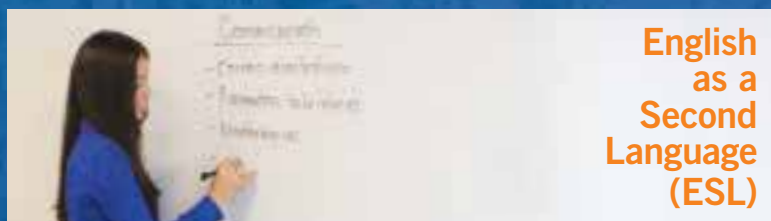
For questions please call (212) 346-8410.



## Allied Health



## English as a Second Language (ESL)



## Information Technology



## Professional Development







On Canal features 20 storefronts of showrooms and pop-up experiences.  
INSIDE OUT PROJECTS

class where the pros reveal their secrets. Then on Sept. 7, see the latest from Kate Spade New York and buy the looks as they come down the runway. 837 Washington St., free with RSVP.

**A runway show that's equal parts art and style**  
Looking to sit in on a real runway show? ASC Fashion Week returns for its fourth year of putting up-and-coming New York City designers as well as international brands on

its runway, while also highlighting local musicians and artists. Your ticket also gets you into the after-party. *Saturday, Sept. 8, 6-9 p.m., 125 W. 18th St., \$50-\$85, ascpromotion-sinc.com*

**Get sketched**  
Think you've got a runway-worthy look? Swing by the Dream Downtown hotel on Friday, Sept. 7 to get the fashion illustration treatment from Laura Kay of @diarysketcheslk.

She's created sketches for Balmain, Neiman Marcus and more — line up early, she's only there from 9 a.m. until noon. *Free, 355 W. 16th St.*

**Book a stay at the YSL Beauty Hotel**  
Experience the transformative power of makeup inside the YSL Beauty Hotel. The pop-up travels to New York Fashion Week 2018 after opening in Paris earlier this year, taking over a five-story SoHo home with rooms themed to YSL Beauty's newest products, plus a rooftop cafe. *Sept. 8-9, 214 Lafayette St., free, RSVP at showclix.com*

**Get totally basic**  
Wardrobe basics like undershirts and tanks get worn out fast, but now there's a company for eco-conscious consumers that will keep you in new duds and recycle your old ones. For Days pops up with an NYFW store plus panels, workshops and wellness activities. The store opens Sept. 12 with a block party from 6-8:30 p.m. *Sept. 12-29, 91 Crosby St., Mon-Sat 10 a.m.-8 p.m., Sun 11 a.m.-6 p.m.*

# SCHIZOPHRENIA

CLINICAL RESEARCH STUDY

CALL IF YOU OR A LOVED ONE ARE AFFECTED BY SCHIZOPHRENIA

718-969-3005



**SYNEXUS**  
Together for the future of health

Synexus is conducting a clinical research study of an investigational medication for individuals who have Schizophrenia.

Qualified study participants will receive study-related care and the investigational study medication at no charge and may be compensated up to \$800 for study-related time and travel. Compensation for caretakers may also be available.

You may qualify for this study if you:

- are 18 to 55 years of age
- have been diagnosed with schizophrenia for at least a year
- have been consistently taking an approved antipsychotic medication for at least 8 weeks.

**CUNYTechworks**

## USER EXPERIENCE DESIGN

Join us at Kingsborough Community College for our **TUITION FREE** UX training program, so you can develop the skills to break into one of the most **in-demand** tech fields.

Learn from and work with industry **professionals**.

Learn how to create **innovative** digital products that keep users engaged.

Build your **portfolio** to showcase your work to **employers**.

Sign up for one of our upcoming info sessions to learn more!  
[kbccuxinfosession.eventbrite.com](http://kbccuxinfosession.eventbrite.com)

929-379-7025 | [cewdkbcc.com](http://cewdkbcc.com)

**"I believe everyone deserves a second chance, that's why I became a Probation Officer."** #joinDOP

Probation Officer Cummings

**NYC PROBATION is Hiring**  
Apply Aug. 1 – Sep. 14 [nyc.gov/joinDOP](http://nyc.gov/joinDOP)  
**Strengthening Communities. Changing Lives.**

DOP is an equal opportunity employer. For language interpretation services, call: 212-510-3740



Pat King  
Grumble Editor

#### READER WRITE-INS:

#### PEOPLE PLAYING LOUD MUSIC AT THE GYM!

We have all read articles about how exercise is part of a healthy lifestyle. And so we join gyms and health clubs ... only to have our audial health as-

saulted by the overly loud and completely unnecessary music (I'm being generous by calling it music) blaring over the loudspeakers throughout the facility. A quick look around

any gym will reveal that 90% or more of members are listening to their own devices while working out, making the piped-in music an intrusion. The high volume level of the music being

pipled in causes the members to turn their personal devices up to levels that are probably causing damage just so they can hear it. I wear earplugs at the gym so as to block out all

the ambient sound and, when using machines with TVs on them, I turn on the closed-captioning feature so I can read what's being said rather than compete with the cacophony

by trying to hear it through headphones. I also stopped taking classes years ago because I could not stand the loud music that the instructors seem to think is so necessary. Staffers at the gym will tell you that the music helps keep your energy up, but I don't rely on their music for energy or motivation. They should limit the noise to the classes and spare the rest of us.

— JoAnn Polise, Metro US reader

**VENT TO US!**  
**GRUMBLE@METRO.US**

# the GRUMBLE



## #metroneewyork

### caption this photo

Every day we will post a new photo and give you the chance to send in the funniest caption to go along with it. We'll publish the best caption the following day. Send us your best ideas to @metroneewyork @metroboston @metrophilly



GETTY IMAGES

The winning caption from Allan Kallman Metro Boston reader

#### TOMORROW'S PHOTO:



GETTY IMAGES

metro  
&  
event

## INVITE THE WORLD TO YOUR EVENTS

List your event on [metro.us/events](http://metro.us/events)

## metro.us/horoscopes



**Aries** Do whatever it takes to make personal improvements. Don't argue when change is what's needed. Settle differences thoughtfully and in everyone's best interest.



**Taurus** A physical change will lift your spirits. A healthy routine coupled with rest, relaxation and spending time with a loved one will improve your emotional outlook.



**Gemini** Don't make waves. Try to get along with others and look for the positive in whatever situation arises. It's in your best interest to go with the flow.



**Cancer** Your emotions will rise to the surface. Channel your energy into something constructive and make a point to get things done instead of letting trivial matters consume you.



**Leo** Keep your personal information and feelings a secret. Take your time and let others reveal their feelings or plans before you share your thoughts.



**Virgo** Live, learn and move forward. Don't dwell on past mistakes when you can learn from them. New beginnings and pastimes will encourage growth and joy. Take what belongs to you.



**Libra** Keep your emotions out of business and financial matters. You'll do much better if you are secretive about your goals. Do your best to avoid interference.



**Scorpio** Take the edge off by immersing yourself in a creative endeavor. Time spent using your skills to develop something that brings you joy will result in new ideas for positive change.



**Sagittarius** Practicality will need to be enforced when making a change or dealing with people who tend to be evasive or offer false information. Be thorough when doing your research.



**Capricorn** An emotional plea will help to ward off an argument with a loved one. Speak from the heart and share your concerns. Using force won't work.



**Aquarius** Look at your alternatives before you get involved in something you cannot afford or that isn't good for you. If someone wants you to be indulgent, politely decline the invite.



**Pisces** New beginnings should excite you. Get involved in events or activities that bring you a sense of pride and are geared toward helping others. Your input will lead to greater opportunities. EUGENIA LAST



## LIFESTYLE

# Why kids need to play more than one sport



ASK  
MOUNT  
SINAI

Stay Healthy

While sports are healthy and character-building, focusing on a single sport might not be the way to go for every kid. We talked to Dr. Alexis Colvin, an associate professor of sports medicine and orthopedics at the Icahn School of Medicine at Mount Sinai, and chief medical officer of the United States Tennis Association, about the importance of variety.

## Why shouldn't kids specialize in one sport starting out?

There are a number of reasons that kids should do more than one sport when starting. First, most kids don't know what sport they are interested in at an early age! Second, there are only a few

sports considered early specialization sports, in which peak performance happens at a young age. Finally, allowing children to play more than one sport can help in preventing overuse injuries.

## Should you focus on different sports throughout the year?

A general guideline is that a child should take off at least one season per year from a specific sport to help prevent injury.

## What should parents and kids consider when choosing sports?

As with any activity, the most important criteria really should be that the child is interested in trying it.

## What are common sports injuries for kids?

The injuries can be divided into injuries caused by trauma and those caused by overuse. In kids, the growth plate is weaker than ligaments. When there is trauma, a kid is more likely to have a bone injury as opposed to adults, who are more likely to tear a ligament in the same joint. Similarly, when an injury is due to overuse, this usually

manifests as tendonitis or a tendon tear in an adult. In a child, it will typically affect the growth plate and can be seen as a stress reaction, or worst case, as a stress fracture.

## How do you know when a kid is overdoing it? How can you prevent it?

There are both physical and non-physical signs that a kid is overdoing a particular sport. Lack of interest and/or participation is a potential non-physical sign. Problems sleeping or headaches may occur as well. Physical signs include pain or swelling of a joint or limb, limping or inability to bear weight and weakness. Prevention includes getting a pre-season physical to identify any pre-existing problems, cross-training and varying the position that a child plays within a sport.

SHEILA DOUGHERTY

# QUALITY DENTURES AND DENTAL IMPLANTS THE SAME DAY

\$100 off each\*  
NEW denture!  
Exp: 10/15/2018



- Full Service Cosmetic Dentistry
- Dental Implants
- Crown and Bridge
- Repairs and Relines
- While-U-Wait
- Senior Citizen Discounts\*



www.heraldsquaredental.com

# Miracle on 35th Street

**Free Consultation**

Emergencies Welcome

Smile with Confidence!

**CALL NOW**  
**212.689.0024**

Most Insurance Welcome and Payment Plans available

Leaders in Implant Dentistry! - Est. 1977

224 W 35th St. New York, NY 16th Fl.,  
Btwn 7th & 8th Avenues

\*not to be combined

# Free Implant CONSULTATION

Missing teeth?  
Loose dentures?  
Get implants, chew better!



- Free Financing Available
- Permanently Replace Missing Teeth
- Se Habla Espanol
- Awarded New York's Top Cosmetic Dentist
- Most Insurances Accepted



Over 20 years of experience

Our Convenient Location  
(250 East 58th St NY, NY 10022), Near all major trains

NewCenturysmile.com | Call (212) 752-2212

# Feet Hurt? Bunions? Hammertoes? Heel Pain?

## Platelet Rich Plasma Therapy (PRP)

A new approach for treating Tendon Injuries for the Achilles, Tendonitis and Plantar Fasciitis (Heel and Arch Pain)

## Take The Foot Health Checkup

- My toenails are streaked, discolored and thickened.
- The sides of my toenails dig into the skin and hurt.
- I have a large bump behind my big toe (or little toe) which is always red.
- I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight- they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoe size I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and itchy - sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
- I have numbness, burning, infection, persistent pain, skin rash, or open sores.

If any of these apply to you...

Call today.

Patient is responsible for co-pays & deductibles

most insurance plans accepted complete foot care laser surgery available

## Relief For Chronic Heel Pain

Now Featuring genesis<sup>plus</sup>

New FDA Laser Treatment For Nail Fungus, Scars & Warts

CUTERA



New Treatment For Heel Pain, Shockwaves, PRP (platelet rich plasma) as seen on the front page of The New York Times

The Most Advanced Techniques Used For Bunions & Hammertoe Correction

## Downtown location

63 Broadway Suite 1103  
Financial District  
NYC, NY 10006  
212-486-7333

## Midtown location:

121 E. 60th St.  
New York City, NY  
212-486-7333  
Paul Drucker DPM  
Jordan Drucker DPM

235 East 22nd Street  
(between 2nd and 3rd Ave.)  
1 212-486-7333  
184 and 206th St  
212-772-3300

## Healthy volunteers needed for HIV vaccine study

Researchers at The Rockefeller University are testing the safety of two investigational antibodies directed against HIV.



### You may be eligible if you:

- > Are between the ages of 18 and 65
- > Do not have HIV, Hepatitis B or C
- > Have no history of an STD in the last year

### Participation includes:

- > Receipt of investigational antibodies
- > Blood work
- > Up to 20 visits over 48 weeks

Compensation is provided.

To learn more, contact our Recruitment Office at 1-800-RUCARES or email us at RUCARES@Rockefeller.edu



## The Mile-Long Opera brings 1,000 unique voices to the High Line this Fall

This free one-of-a-kind performance will explore what "7 O'Clock" means to New Yorkers.



PAT KING  
patrick.king@metro.us

New Yorkers are in for a unique experience as 1,000 singers will descend upon Manhattan's elevated pedestrian park, the High Line, for the first performances of "The Mile-Long Opera: A Biogra-

phy of 7 O'Clock," which runs for five consecutive nights, Oct. 3-7.

Audiences will enter the walkway to find themselves completely immersed in this free and innovative choral performance that will surely be a once-in-a-lifetime spectacle.

The piece was conceived by architects Diller Scofidio & Renfro and Pulitzer Prize-winning composer David Lang. Elizabeth Diller and Lynsey Peisinger direct, and Donald Nally conducts the 1,000-member chorus. Re-

nowned poets Anne Carson and Claudia Rankine based the lyrics on real-life stories, gathered through first-hand interviews with New Yorkers, about what "7pm" means to them. For some, it is bedtime; others must start work at this unconventional time, just to get by.

"After working on the design of the High Line for over a decade and witnessing the rapid transformation of the surrounding area, I thought a lot about the life cycle of the city—its decay and rebirth—full of opportunities and

## Adolescent Well-Being Study

Are you a teenager or parent of a teen? Researchers are seeking adolescents and young adults (ages 15-19 years) to participate in a study! Eligible participants will be compensated at the end of the visit.

### Contact Us

Call us at (212) 678-7487  
Email us at LCDS@tc.columbia.edu



### Participation Involves:

One laboratory visit involving computer tasks, interviews, and online surveys. There is a chance to complete follow-up surveys online for additional compensation.

Parent Consent is required for those under 18 years. Parents also have the option to participate by responding to brief questionnaires and are eligible to receive compensation.



(IRB ID# 18-103)

www.nylaser.net

*Feel and look Beautiful*

Get 2 for the price of 1

**END OF SUMMER SALE**

**We are open on Labor Day**

WAX SPECIALS	ANTI AGING FOR HANDS OR FACE
<ul style="list-style-type: none"> <li>Brazilian wax ..... 2 for \$50</li> <li>Full leg wax ..... 2 for \$50</li> <li>Back wax ..... 2 for \$50</li> <li>Full body wax ..... 2 for \$125</li> </ul>	<ul style="list-style-type: none"> <li>Laser Genesis for firming ..... 2 for \$99</li> <li>Clear &amp; Brilliant Anti aging/Brown spot ..... 2 for \$249</li> <li>Skin Tightening Laser ..... 2 for \$125</li> <li>Oxygeneo Facial: Revitalize, Renew &amp; Restore damaged skin ..... 2 for \$99</li> <li>Microdermabrasion Exfoliation Treatment ..... 2 for \$75</li> <li>Fractional: Rids fine lines, Acne Scars &amp; Stretch-Marks ..... 2 for \$150</li> <li>CoolLifting Anti Aging</li> <li>Immediate Results in 30 Minutes Painless ..... 2 for \$150</li> </ul>
<p><b>GET SKINNY • PAINLESS &amp; PERMANENT</b></p> <ul style="list-style-type: none"> <li>Zerona: Full body inch loss ..... 12 for \$399</li> <li>Cavi Lipo: Cellulite &amp; Fat Blaster ..... 6 for \$399</li> <li>Slimming Body Wrap ..... 2 for \$65</li> </ul>	<p><b>LITE THERAPY HAIR TREATMENT FOR THINNING HAIR</b></p> <ul style="list-style-type: none"> <li>Builds up hair follicles</li> <li>Strengthens hair ..... 6 for \$99</li> </ul>

180 7th Ave South, Btwn W. 11th St & Perry St  
212.229.1389  
Open 7 Days  
Expires 9/3/18  
We accept care credit





LIZ LIGON

our diversity.”

Singers will perform along the entirety of the nearly mile-and-a-half-long High Line. The interviews, with everyday New Yorkers, that informed the text they’ll sing were conducted by Peoplmovr, a creative studio specializing in engagement and communications — in



MATTHEW JOHNSON

contradictions,” explains Diller behind the inspiration for this project. “This vantage presented an opportunity for creative reflection about the speed of change of the contemporary city and the stories of its inhabitants.

The park will be a 30-block urban stage for an immersive performance in which the audience will be mobile, the performers will be distributed and the city will be both protagonist and backdrop for a collective experience celebrating

close partnership with the High Line. The agency helped form partnerships with nonprofit cultural organizations across all five boroughs. These include Abrons Arts Center, the Greater Harlem Chamber of Commerce, and the High Line in Manhattan; ARTs East

NY in Brooklyn; Jacob A. Riis Neighborhood Settlement in Queens; The POINT CDC in the Bronx; and Snug Harbor in Staten Island. With such a close connection to each of the different pockets of this city, the organizers were able not only to research issues that affect New Yorkers, but also to hear their unique stories related to this time of day and what it has meant to them throughout their lives.

“It really started at the real neighborhood and community level,” explains Aaron Cedolia, co-founder of Peoplmovr, “to chat with people on the phone about what 7 o’clock meant to them growing up, what it means to them now, and what change they’ve seen in their neighborhood. Even just the idea of ‘what are you doing tonight at 7 o’clock or tomorrow at 7 o’clock’ — stories were just flowing out of people.”

*Tickets for The Mile-Long Opera are free, but require reservations, which open today via Eventbrite.*

## a biography of 7 o’clock

On the High Line  
October 3 — 7, 2018

DS  
+R

# The Mile— Long Opera

Co-Creator  
Diller Scofidio + Renfro

Co-Creator, Composer  
David Lang

Librettist  
Anne Carson

Essayist  
Claudia Rankine

FLUSHING TOWN HALL Presents

## NEW SEASON LAUNCH DANCE PARTY LA Patronal (Peru)

FRI | SEPT 14 | 8 PM

(COCKTAIL RECEPTION at 6 PM & DANCE LESSON at 7 PM)

Rooted in the tradition of ‘fiestas patronales’ or town fairs common in rural villages across Latin America, this unique brass band from Lima, Peru presents Peru’s most rooted heritage and traditions through music and dance with contagious and vibrant brass and winds.

*Tickets: \$16/\$10 Members & Students/FREE for teens  
(6 PM reception is FREE with concert tickets)*

FLUSHING TOWN HALL

www.flushingtownhall.org  
(718) 463-7700 x222  
137-35 Northern Blvd.  
Flushing NY 11354

Immerse yourself in an ambitious,  
collective choral work featuring 1,000  
singers from New York City’s five  
boroughs—staged on the High Line  
for five nights only!

Get your FREE tickets starting at 12 noon,  
September 5. Get more info at [milelongopera.com](http://milelongopera.com).

Timed ticketed entry starting at 7:00 PM.  
Advance tickets required. @milelongopera #milelongopera





Kaitlin Olson gives us the scoop on the new season of "It's Always in Philadelphia." ALL PHOTOS BY FX

## Kaitlin Olson explains why a long break made 'It's Always Sunny In Philadelphia' better

After a year-and-a-half break, the hit comedy series returns tonight.



ANDREW HUSBAND  
letters@metro.us

When "It's Always Sunny In Philadelphia" returns to television with its 13th season Wednesday, viewers will immediately notice some big changes to the popular FX series.

For starters, Dennis Reynolds (Glenn Howerton) has been doubly replaced by a visually similar sex doll that was ordered by Mac (Rob McElhenney) and professional scammer Cindy (Mindy Kaling). Throw in a few obvious references to the current political climate in America (like the premiere episode title, "The Gang Makes Paddy's Great Again") and you've got the makings of another great season of "It's Always Sunny."

Kaitlin Olson, who has played Deandra "Sweet Dee" Reynolds since the very beginning, thinks the show's return to form has everything to do with the yearlong break everyone took between seasons 12 and 13.

"It was great that we took a break for a year because we just really, really needed one," she explains. "Everyone was so excited and enthusiastic to come back after taking a year off to do this season. Everything is fresh and exciting again. I mean, that being said, these are like my favorite people in the world. It's always fun to show up and just play with them all day."

So yes, the series' continued success has just as much to do with the recent break as it does with the cast and crew's camaraderie. Yet Olson adds that their dedication to being as funny as possible, regardless of whatever taboos or boundaries they may be crossing, is also a big part of the success of "It's Always Sunny."

"We just like to do stuff that's unique and different and interesting," she says. "I don't like hearing people say the same catchphrases over and over again. I don't want to see the same storylines over and over again. I have always been drawn to comedy storylines and sensibilities where people say things that I haven't heard before. Or when they take a very common topic and give it a completely different spin. Something I haven't seen before."

Consider the fourth episode of the new season, titled "Time's Up for The Gang." When Olson heard they were going to "[do] an episode about the #MeToo movement," she "got so excited" about the prospect.

"I couldn't possibly fathom what they were going to do with it. Then I read the script and it just fulfilled everything I wanted it to be," she laughs. "This show is so smart, funny and unique. It's also still very relevant to what's happening today. That's just a really amazing combination, and it's really hard to find on TV these days."

Even so, with 13 seasons under its belt, wouldn't it be safe to assume that "It's Always Sunny" won't last forever? Original cast member and writer Howerton left the show after last season, after all, so its inevitable conclusion is a safe assumption, yes?

"When we aren't making each other laugh anymore or it's starting to feel old to us, I think we'll be happy to move on," Olson reflects. "Nobody wants to overstay their welcome. I know they already have their final episode planned out. They won't even tell me what it is. But we're really proud of the show we're making, so I think once we can't say that anymore, we'll all be done."

"It's Always Sunny In Philadelphia" returns to night at 10 p.m. on FX.

## Heavy Periods *due to* Uterine Fibroids?

### If You Suffer From Any of These FIBROID Symptoms...

- Bleeding Between Periods
- Reproductive Dysfunction
- Protruding Belly
- Frequent Urination
- Heavy Bleeding
- Pelvic Pain
- Bloating
- Constipation

### ...Then Consider Uterine Fibroid Embolization (UFE)

- Minimally invasive & non-surgical
- Short recovery and **no hospitalization**
- Covered by Medicaid & most insurance plans

Don't Hesitate, Call Today!  
**718-504-6414**



#### QUEENS

116-02 Queens Blvd E F M T  
Forest Hills, NY 11375

30-33 Steinway J O M T  
Astoria, NY 11103

162-03 Jamaica Ste 200  
Queens, NY 11432 E O T F

#### LONG ISLAND

260 Sunrise Hwy #102  
Valley Stream, NY 11581

#### MANHATTAN

122 Fulton St A C O T 2 3  
Manhattan, NY 10038

1264 St. Nicholas Ave A C T  
Washington Hts, NY 10026

#### BROOKLYN

2444 86th St. Ste A D  
Brooklyn, NY 11214

924 Flatbush Ave. O B 2 5  
Brooklyn, NY 11226

2965 Ocean Pkwy #200 O B  
Brighton Beach, NY 11235

#### BRONX

5221 Broadway 1  
Bronx, NY 10463

384 E 149th St. # 201  
Bronx, NY 10455 2 5

2157 White Plains Rd  
Bronx, NY 10462 O 2 5

#### FOXHURST

947 Southern Blvd., Bronx,  
NY 10459 (Now Open)

#### FORDHAM

11 E. Fordham Rd., Bronx,  
NY 10468 (Coming Soon)

USA  
FIBROID  
CENTERS

www.USAFibroidCenters.com



# HOME

# Adorable cyborg pets

# Zoomer Meowzies

Meowzies are a group of adorable interactive furry-tailed kittens who love to cuddle, play and show their love. These kittens have special sensors on their head, back and chest, so they know when you're petting them. The interactive LED eyes light up to tell you exactly how they feel.



# Paro

Paro is an advanced interactive robot developed by AIST, a leading Japanese industrial automation pioneer. It allows the documented benefits of animal therapy to be administered to patients in environments such as hospitals and extended-care facilities where live animals present treatment or logistical difficulties. By interaction with people, Paro responds as if it is alive by moving its head, legs, and making sounds.



# Aibo

It is the sixth generation of Sony's beloved companion cyborg. Unlike previous versions, it pairs cutting-edge robotics with a new, cloud-connected artificial intelligence engine and advanced image sensors, giving Aibo the ability to learn and recognize faces. The pet actively seeks out its owners and detects words of praise and



# Fingerlings Baby Mon- key

This interactive electronic pet responds to motion, sound and touch. The monkeys grab on to fingers, have blinking eyes, turning heads, can blow kisses and talk in monkey babble! Thanks to sensors, they react to being hung upside

DANIEL CASILLAS MWN



# POCONOS' LEADING HOME BUILDER

**The Canterbury  
Designs Starting in the  
\$260s**

**LTS Will Beat  
Any Builder's  
Incentive\*!**



**Don't gamble with another builder.  
Build with the best! Visit LTS.**



- Closest locations to NY and NJ
- Best quality, value & service
- Low down payments & interest rates
- Home designs starting in the low \$200s

**Call Today! 800-587-5432**  
GWB to I-80W into PA exit 309, go ¼ mi.

## Models open daily!



Certain LTS communities consist of properties that are bound by a Homeowners Association, offered through a PA Offering Statement. This ad is not intended as an offer to residents in states where properties are not registered.

\*Based on Incentives advertised by PA Builders in Metro within the same week, and within 20 miles from our office.  
This offer may be withdrawn at any time.

**WWW.LTSHOMES.COM**



## SPORTS

metro  
BET

## MAKE MONEY

LATEST ODDS  
[MLB]NY METS (+154) AT  
LA DODGERS (-164)PHILADELPHIA (-160)  
AT MIAMI (+150)TAMPA BAY (-137) AT  
TORONTO (+127)DETROIT (+145) AT  
CHICAGO WS (-155)MORE ODDS  
AT METROBET.US

## METS' DEGROM DESERVES CY YOUNG NOD

## OPINION

JOE  
PANTORNO  
Sports  
Editor

For a moment, I want you to forget about the names Jacob deGrom, Max Scherzer and Aaron Nola — three of the best arms in the National League — as I prove to you how worthless a pitcher's win-loss record is.

Below is a list of three pitchers, their stats (other than their record) simply laid before you for your reading pleasure:

**PITCHER A:** 188.0 innings pitched, 1.68 ERA, 230 K's, 0.963 WHIP, .204 opponent's batting average, 0.4 home runs per nine innings

**PITCHER B:** 193.2 innings pitched, 2.28 ERA, 260 K's, 0.878 WHIP, .179 opponent's batting average, 1.0 home runs per nine innings

**PITCHER C:** 181.2 innings



Jacob deGrom is having a historic year in 2018. GETTY IMAGES

pitched, 2.23 ERA, 188 K's, 0.974 WHIP, .198 opponent's batting average, 0.5 home runs per nine innings

## Who wins the Cy Young?

I would vote for Pitcher A due to a sterling ERA that simply is not seen often in Major League Baseball.

In fact, over the last 100 years, dating back to 1918 — one year before the end of the dead-ball

era — a pitcher has put up an ERA of 1.68 or lower just 11 times. (If you want to take out Walter Johnson's 1918 and 1919 seasons with the Washington Senators, seeing as pitch manipulation was rampant, make it nine.)

Scherzer and Nola are pitchers B and C, while Mets ace deGrom is pitcher A. Thirty-year-old deGrom lowered his minuscule ERA behind a

one-run, two-hit performance over six innings against the offense-savvy Los Angeles Dodgers on Monday night.

Due to a lack of offense that provides little to no support, deGrom once again was handed a no-decision as his record remains at 8-8, an unheard-of win-loss mark given a historic earned run average. But that's what you get when your team provides you an average of 3.57 runs per start, third-worst among all pitchers in Major League Baseball.

By comparison, Scherzer is 16-6 for the Nationals this year while Philadelphia's Nola is 15-4.

Going back to those nine pitchers since 1918 with lower single-season ERAs than deGrom, Greg Maddux of the Atlanta Braves had the least amount of wins in 1994 when he picked up 16 with a 1.56 ERA. That's double deGrom's win total and it still led the league during the strike-

shortened season.

To add even more history to deGrom's Cy Young campaign, Monday night marked the 25th consecutive start in which he allowed three earned runs or fewer, tying the mark set by King Cole of the Chicago Cubs in 1910. That year, Cole led the league with a 1.80 ERA.

He also went 20-4.

In the last 25 starts, deGrom is 6-8 with 11 no-decisions. He is even doing the work himself at the plate, driving in four runs in his last six outings. His offense drove in just 10 combined runs during those four games.

Had deGrom been surrounded by a competent offense, or organization, this is a player who would have at least 18 wins with three weeks left in the season. Just off his ERA alone and his sheer dominance to limit the opposition, even when he's not his best, Jacob deGrom should be awarded the National League Cy Young Award.

BUILT TO  
DELIGHT

Enjoy the final days of summer at the 2018 US Open!

Get tickets now.

USOPEN.ORG

#USOPEN

ticketmaster®

AMERICAN  
EXPRESSAUG 27 -  
SEPT 9



# Stephens upset in US Open quarters

The defending champ was dropped in straight sets by Anastasija Sevastova.

ADAM ZAGORIA  
sports@metro.us

NEW YORK — Sloane Stephens won't be defending her US Open title.

Battling a sinus infection and stiflingly humid conditions, the No. 3 seed was stunned in the quarterfinals Tuesday by No. 19 Anastasija Sevastova of Latvia, 6-2, 6-3, at Arthur Ashe Stadium. A year ago, Stephens beat Sevastova in the quarterfinals en route to the title.

"I've been sick since Monday, bad sinus infection," Stephens said. "But whatever, you gotta play...I didn't play my best. I wish I could've played better. But it just wasn't the day."

Stephens won her maiden Grand Slam title at



There will be a new champ at the US Open after Sloane Stephens' loss. GETTY IMAGES

the Open in 2017, defeating fellow American Madison Keys in the final. She was set up for a potential semifinal meeting with six-time US Open champ Serena Williams, who will meet No. 8 Karolina Pliskova in another quarterfinal Tuesday night.

With the top seven seeds now out of the draw, Pliskova remains the highest remaining seed.

Sevastova, ranked No. 18 in the world, closed the match out on her third match point when Stephens

hit a backhand into the net.

"Just to be playing on this stage, looking at the whole stadium full and people are cheering, that is the most amazing feeling," said Sevastova, who is into her first Grand Slam semifinal and is the first Latvian woman to reach the US Open semis. "Thank you very much."

On the same court where five-time champion Roger Federer battled extremely humid conditions and lost to journeyman

John Millman of Australia early Tuesday morning, Stephens never appeared comfortable playing in the brutal heat.

She was broken twice in the first set and then left the court to depart the heat.

Later on, she was broken twice in the first four games of the second set before crouching down on the court in apparent discomfort.

Stephens made 15 unforced errors on her forehand and only won one point on her second serve in the entire match. Sevastova was 5-of-8 on break chances while Stephens was just 2-of-9.

"I didn't convert," Stephens said. "I didn't play the big points well. And you don't win matches when you don't take advantage of opportunities."

The player on the shaded side of the court won 14 of the 17 games in the match, compared with the sunny side, according to an ESPN graphic.

"When the shade was here it was so hot here and amazing there [on the sunny side] so it's different, yeah," Sevastova said.

The 5-foot-7 Sevastova, 28, actually quit tennis in May 2013, riddled with injuries, and instead focused on her studies with the idea of getting a job in sports management. Now she has reached the quarterfinals or better for three straight years at the US Open.

She comes from the same country as Knicks star Kristaps Porzingis but joked that she'll never be as big a star as he is.

"I don't think so," Sevastova told the New York Post in 2016. "I don't know if we have A-list celebrities. We have a basketball player. He's playing in the New York Knicks. He's an A-list celebrity, but I don't feel like it."

As for the Americans, Williams and Keys remain the lone hopes for a title and could potentially meet in the final.

metro  
**BET**

MAKE MONEY



BET OF THE DAY

CUBS (+105) at  
BREWERS (-115)

In the series finale between the Cubs and Brewers tonight from Milwaukee, the Brewers are rolling out ace Jhoulys Chacin, who is 4-1 with a 2.01 ERA in his last five starts. Pair him with the red-hot Christian Yelich, who is batting over .350 in his past 50 games, and I'm going with the Brew Crew on Wednesday night. — JOE PANTORNO



The Pick:  
BREWERS (-115)

MORE ODDS  
AT METROBET.US

## PSYCHICS



**Mr. SAIDOU**

International Spiritualist Medium & Psychic Over 40 yrs exp. Bring back loved ones in the Quickest Way, Stop Infidelity, Business

Success, Exams & Career, Black Magic Specialist, Clear Negativity, Bad Luck, Protection, Sexual Problems etc. Results in 7 Days Guaranteed.

**Call 516-206-8543  
and 646-339-9948**

132nd Street, 7th Ave., Manhattan, NY

**LOVE PSYCHIC, ASTROLOGER & SPIRITUAL HEALER**  
**Pandit: SANJIV RAM**

- Family • Depression
- Health • Enemy
- Love • Jealousy
- Job • Court
- Work • Sexual
- Business • Divorce etc

If you are Disappointed meeting other Astrologers & not getting Solutions, then meet **PANDIT: SANJEEV RAM** & get permanent Solutions for your Problems

**100% GUARANTEE, PRIVATE & CONFIDENTIAL**  
**PALM READING, FACE READING, HOROSCOPE**

Removes Black magic, Butu, Jinn, Jadoo, Voodoo, Witchcraft, Obeya, Evil Spirits, & GIVES 100% LIFELONG PROTECTION

**929-250-8473**  
654, 8th AVE, BETWEEN 37 & 38 STREET, MANHATTAN 10018

**MOST POWERFUL AFRICAN PSYCHIC**  
**Mr. KALLO**  
**LOVE GURU**

38 Years Experienced **LOVE EXPERT**

**I BRING BACK LOVED ONES**  
**ONE VISIT & YOU WILL SEE RESULTS.**  
**I NEVER LOOSE ANY CASE**

I can Help you in Problems: Marriage, Court case, Business, Depression, Bond Families, Stop Divorce, Stress Removal, Bad Luck, Evil eyes, Jadoo & Negative Energy

**NO MORE PAIN, NO MORE DISSAPPOINTMENT, MEET LOVE MASTER TODAY & GET SOLUTIONS**

**347-271-3493, 917-946-4662**

## CAREER TRAINING

**ACCESS INSTITUTE**

**JOBS**  
**We Train & Place!**  
**Call: 718-263-0750**

- PCT • HHA • CNA
- Med. Billing & Coding
- M.A • Pharmacy Tech
- EKG/Phlebotomy Tech
- Business Analyst/QA
- Media concepts: Audio • Video
- Solar Tech
- SAP

**FREE TRAINING IF QUALIFIED**  
**Students Visas @ Low Cost**  
On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY

**WWW.ACCESSQUEENS.COM**

**US Vets Call Now**

**PEST CONTROL SCHOOL & SERVICES**  
6/9 DAYS/N.Y. STATE APPROVED, CERTIFICATION & RECERTIFICATION IN BED BUGS, TERMITES, STRUCTURAL, FOOD PROCESSING & LANDSCAPING

**BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS**

**1 (800) 220-5494 or (718) 205-0557**  
pestcontrolschoolny.com | pestmanagementsciences@yahoo.com  
Call or Text #917.653.0319

**OSHA Mission LLC**

**30hr OSHA Construction Course \$300**

Location: OSHA Mission LLC 92-20 Union Hall  
Jamaica NY 11433 st. 2fl. | Telephone: 929-372-7990  
Email: oshamission@gmail.com  
Web: oshamissionny.com

metro**CLASSIFIEDS**

To place an ad call 866-900-9473  
or visit us at [www.metro.us](http://www.metro.us)

# LEGAL SERVICES

To advertise, call Sandra Restrepo at 212-457-7753 or email [sandra.restrepo@metro.us](mailto:sandra.restrepo@metro.us)



## BODY WORK

### Latino Russian Asian

50th St. W • 212-956-7976  
11am to 8am (21hrs)

28th St. E. Lexington Ave  
646-682-7032  
11am to 8am (21hrs)

9th St. E  
646-918-6116  
11am to 8am (21hrs)

15th St. W  
212-727-7458  
11am to 9:30pm

48th St. W • 212-247-8899  
11am to 8am (21hrs)

89th St. E • 212-369-4345  
24 hours



## LEGAL NOTICES



### THE SALVATION ARMY #3366 CACFP METRO US NEWSPAPER

Sealed bids will be received at The Salvation Army at 120 West 14th Street, New York, NY 10011 until noon September 10, 2018 for meal catering service at 4 locations: Jamaica and Brooklyn. Specifications for an average of 7080 Breakfasts, 46,300 Lunches/Suppers and 7080 snacks may be obtained by contacting Dr. Kathryn Meyer at The Salvation Army. Email: [kathryn.meyer@usa.salvationarmy.org](mailto:kathryn.meyer@usa.salvationarmy.org) Phone: 212 352 5575 or 5596.

All work will be conducted in strict accordance with Bid specifications.

**Bids will be opened and read on Thursday, September 13, 2018 at 1:00PM at 120 West 14th Street, New York, NY 10011.**

**NOTICE IS HEREBY GIVEN** that a license Number 1312772, for Restaurant Wine has been applied for by the undersigned to sell Beer, Wine & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 63-28 Roosevelt Ave., Woodside, NY 11377. Queens County, for on-premises consumption. Three Bowls Inc.

**NOTICE IS HEREBY GIVEN** that a license Number 1312560, for Hotel Liquor has been applied for by the undersigned to sell Liquor, Beer, Wine & Cider at retail in a Hotel under the Alcoholic Beverage Control Law at 741 61st Street, Brooklyn, NY 11220. Kings County, for on-premises consumption. Insignia Hotel LLC.

**NOTICE IS HEREBY GIVEN** that a license Number 1312900, for Restaurant Wine has been applied for by the undersigned to sell Beer, Wine & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 817 60th Street., Brooklyn, NY 11220. Kings County, for on-premises consumption. New York Dun Huang Inc.

**NOTICE IS HEREBY GIVEN** that a license Number 1312527, for Restaurant Wine has been applied for by the undersigned to sell Beer, Wine & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 31 E. 44th Street, New York, NY 10017. New York County, for on-premises consumption. Chin & Sue Inc.

**NOTICE IS HEREBY GIVEN** that a license, Serial # 1312957, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 522 Hudson Street, New York, NY 10014. New York County, for on premise consumption. Hudson & Charles Dinette Inc.

**NOTICE IS HEREBY GIVEN** that a license, Number Pending, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail under the Alcoholic Beverage Control Law at 605 3rd Ave., New York, NY 10158. New York County, for on premises consumption. Wagamama USA 2015 LLC.

## CAREER TRAINING

**HHA/CNA Training NYSED**  
Slow learner? Long time out of school? Job Placement Assistance \$14.09/per hr  
All benefits included  
Call #718.349.8003

## metroCLASSIFIEDS

To place an ad call 866-900-9473

**IMPORTANT INFORMATION:**  
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro U.S. reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

# MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751 or email [peter.blankenstein@metro.us](mailto:peter.blankenstein@metro.us)



## Have you experienced a life-threatening or traumatic event?

This could be something that happened to you directly, something you witnessed, or something that happened to your close family/friends.

Since the trauma, have you experienced posttraumatic stress disorder (PTSD) symptoms such as:

- Nightmares or flashbacks?
- Feeling jumpy or anxious?
- Being less interested in people or activities?

Icahn School of Medicine is conducting a PET/MR imaging research study to look at inflammation as it relates to stress and PTSD. You may be eligible to participate if you have experienced a trauma that could cause PTSD and are between 30-65 years old.

Participation involves a thorough psychiatric and medical screening and a PET scanning visit. You will be compensated for your time.

Please contact Brittany Cho at (212)-241-7906 or at [brittany.cho@mssm.edu](mailto:brittany.cho@mssm.edu).

PI: Zahi Fayad, GCO 15-0893

Icahn School of Medicine at Mount Sinai  
Principal: IRB-17-01383  
Approved: 08/02/2018  
Expires: 03/27/2019

## BUSINESS OPPORTUNITIES

### Request for Proposals Printing, Binding & Mailing Services

The NYC Campaign Finance Board seeks proposals for high volume (4+ million) printing, binding & mailing services for NYC Voter Guides & other projects, to result in a 3-year contract with a 2-year renewal option. Download the RFP and sample Guides at [www.nycffb.info/vendor](http://www.nycffb.info/vendor).

Interested vendors must attend a 90-minute mandatory proposers' conference on Thurs Sept 27, 2018 at 2:30 pm at the CFB's office: 100 Church St., 12th Floor, NYC 10007. Proposal submission deadline is Wed, Oct 18, 2018 (5 pm EDT). Further details are in the RFP. Call 212.409.1800 for assistance.

### Request for Proposals Design, Formatting & Prepress Production Services

The NYC Campaign Finance Board seeks proposals for design, formatting & prepress production services for NYC Voter Guides & other projects, to result in a 3-year contract with a 2-year renewal option. Download the RFP and sample Guides at [www.nycffb.info/vendor](http://www.nycffb.info/vendor).

Interested vendors must attend a 90-minute mandatory proposers' conference on Thurs Sept 27, 2018 at 12:30 pm at the CFB's office: 100 Church St., 12th Floor, NYC 10007. Proposal submission deadline is Wed, Oct 18, 2018 (5 pm EDT). Further details are in the RFP. Call 212.409.1800 for assistance.

## JOBS

### General Help Wanted

# HOME HELPER WANTED

## HHA FOR GREATER PAY!

Without HHA? You can still help elderly friends & family members for great pay!

646-799-6062

646-660-0530 | 646-832-7647

or visit us at: 110 West 34th St.  
Suite 1207 Manhattan, M-F, 10-5



**Security Officers - Needed from \$13.00 to \$16.00/Hr. FT/ PT**  
FLSD - F85/F89 - needed from \$18.50 to \$24.00/ Hr. FT/PT

Must have NYS Guard License • All shifts available - Must be flexible  
Permanent and vacation positions available

Apply: [www.qbs.co](http://www.qbs.co) or call: 646-520-4822

## Healthcare



JASA Care is seeking certified Home Health Aides!

We offer:  
Health Insurance  
Paid Vacation  
Differential pay for holidays and weekends

Union 1707 Local 389

**JASA**  
Cases available throughout NYC:  
Brooklyn, Queens, Bronx, Manhattan  
Flexible schedules!  
4,6,8,12,24 hour cases

Call us today to apply!  
646-343-9300  
Ask to speak with Human Resources

JASA Care  
247 West 17th Street 4th Floor  
New York, NY 10011

KEO

## REAL ESTATE

### Rooms for Rent

### All Manhattan/Bronx



Furnished Rooms For Rent!  
Cable/Internet Ready! Move In Today! All utilities Inc.  
Starting Just \$150/wk.  
Call Us Now:(212)368-2685

### Manhattan & Bronx Rooms



Private rooms in apt. Fully equipped.  
Start 150 wif/cable included.  
Move same day! • (212) 862-0030

### 100's Available, All Boroughs



Private Entry Bath Cooking  
1 Person/2 Person \$125wk/up room rentals  
Studios \$900/up  
212-210-0921

## ITEMS WANTED

### Absolute Yes! SAME DAY

**!CASH PAID!**  
\$45 AcuChek 100/Smartview100  
888-415-0796 instant!  
for Diabetic Test Strips  
224 w 116 st, M-F, 2-4 p  
or mail in B,C,2,3 trains



## GAMES

metro.us/crossword

## ACROSS

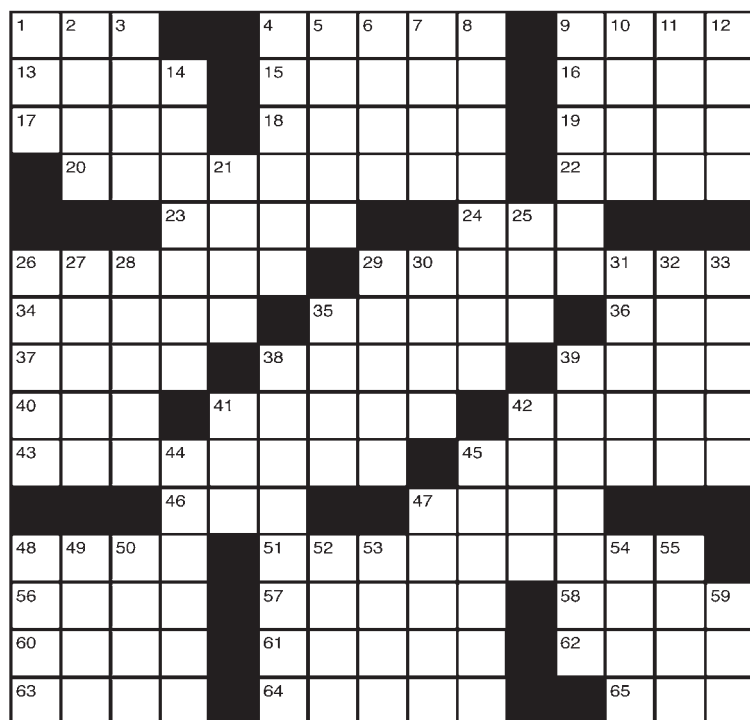
- 1 Alphabet openers  
4 Forest clearing  
9 Apple pie à la \_\_  
13 Tush  
15 Counter an argument  
16 Call it \_\_; quit and go home  
17 Actress Deborah  
18 \_\_ cologne; perfume  
19 "The \_\_ Ranger"  
20 3 months of a pregnancy  
22 Annoys  
23 Jab  
24 Carp  
26 Pulsates  
29 Bittersweet  
34 Parka features  
35 Piece of china  
36 Singing pair  
37 Fine \_\_; painting, music, etc.  
38 Suspicious  
39 TV's "\_\_\_ and the Fatman"  
40 "What'll \_\_"; Irving Berlin song  
41 Turner and others  
42 Comfortable

- 43 Snakes  
45 Cool dessert  
46 "Last one in's a rotten \_\_!"  
47 Sound of contentment  
48 Couch  
51 Something said  
56 Holliman or Warren  
57 Went public with  
58 Actress Sheedy  
60 Biblical pronoun  
61 Hand covering  
62 Actor Perry  
63 Took to court  
64 \_\_ statesman; experienced politician  
65 Suffix for giant or lion

## DOWN

- 1 Inquire  
2 Borscht ingredient  
3 Actress Vikki  
4 Socrates and Onassis  
5 Renter's agreement  
6 Border on  
7 City fellow on a ranch  
8 Endless time  
9 Bad-mouth  
10 Nose's detection  
11 Unpleasantly moist

- 12 Facial features  
14 Camera stands  
21 Throngs  
25 Grow gray  
26 Bangkok folks  
27 Crowd  
28 Revolving part in an engine  
29 "Guilty" and "Not guilty"  
30 Boat propellers  
31 Pres. John Quincy \_\_  
32 Heats in the microwave  
33 See eye \_\_; agree  
35 \_\_ up; confined  
38 Latin or Swahili  
39 Diary  
41 Fibula's location  
42 Israeli dance  
44 Rang out  
45 Capital offense  
47 Irritate  
48 Beautician's offerings  
49 Hawaiian island  
50 On the loose  
52 Work the soil  
53 \_\_ on; walked over  
54 Classic board game  
55 Forest animals  
59 Affirmative

Powered by  
Arkadium

BY TCA

metro.us/wordsearch



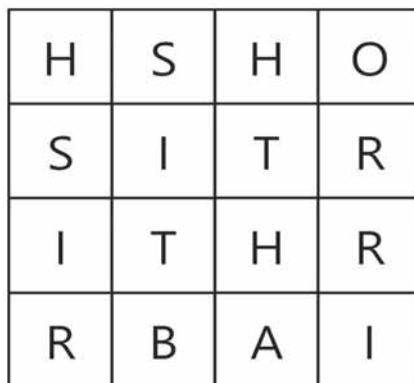
Attack  
Bicycle  
Bohemian  
Four-Octave  
Freddie

Heart  
Jazz  
Killer  
Mercury  
Mr. Bad Guy

Opera  
Queen  
Rhapsody  
Rock  
Sheer

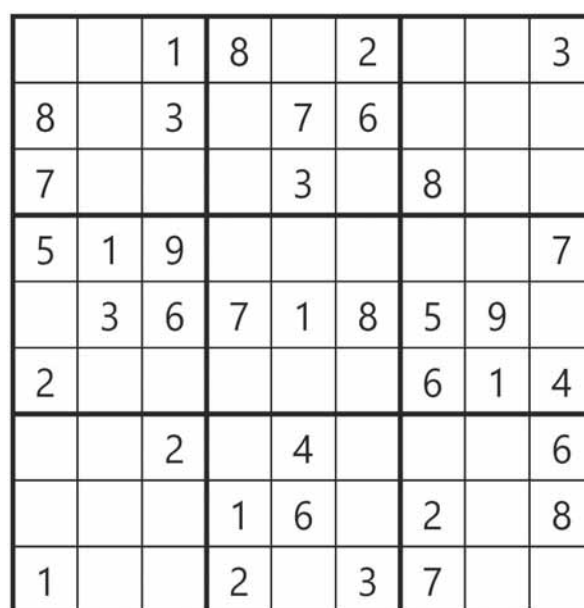
metro.us/wander

Category: Cat Breed



Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

metro.us/sudoku

PLAY ANYTIME,  
ANYWHERE

Find these games  
and MUCH MORE at  
games.metro.us



## Yesterday's Answers



metro

As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • Metro New York 120 Broadway, New York, NY

10271 • main 212-457-7790 • to advertise 212-457-7735 • Press releases pressrelease@metro.us • Chief Revenue Officer Ed Abrams, Ed.Abrams@metro.us • U.S. Circulation Director Joseph Lauletta • U.S. Marketing Director Wilf Maunoir • email sales advertising@metro.us • email distribution distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • Editor in Chief Aleksander Korab, aleksander.korab@metro.us • Managing Editor Morgan Rousseau, morgan@metro.us • Night Editor Jeff Tomko, jeff.tomko@metro.us • Art Director Luis Matos, Luis.Matos@metro.us • Sports Editor Joseph Pantorno, joseph.pantorno@metro.us • Going Out Editor Eva Kis, eva.kis@metro.us • Head of Production Matt Prowell, matt.prowell@metro.us



**BEST MUSICAL** 2018 OUTER CRITICS  
CIRCLE & OBA AWARDS  
**BEST MUSIC & LYRICS** 2018 DRAMA DESK AWARDS

# DESPERATE MEASURES

A MUSICAL COMEDY GONE WILD

**BUY NOW & SAVE \$49\*** ORCHESTRA  
SIDES & REAR (REG. \$59)  
**\$59\*** FRONT  
ORCHESTRA (REG. \$89)  
TO THIS YEAR'S BEST MUSICAL  
WITH CODE **DPMTR59**  
\*SEE WWW.NWSJAZZ.COM

"BEST  
MUSICAL  
OF THE SEASON!"  
CRITIC'S PICK

NEW WORLD STAGES 340 W. 50TH ST. TELECHARGEOFFERS.COM OR 212-947-8844

**DESPERATEMEASURES MUSICAL.COM**